



## 2026 Keiko Fukuda Joshi Judo Camp

Be Strong, Gentle and Beautiful in Mind, Body and Spirit

This was Sensei's motto. At Joshi Judo Camp, participants get instruction and practice to develop as female judoka. Joshi Judo Camp is a fun-filled weekend program that features instruction on kata as well as competitive judo.

**Dates:** Friday July 17 – Sunday July 19, 2026

**Location:** San Jose Buddhist Judo Club, 1050 N. 5th Street, San Jose, CA 95112

**Website:** <http://www.fukudajudocamp.org>

**Sanction:** USJF Sanction # 26-07-03

## Featured Instructors

### Eiko Saito Shepherd - 8th Dan

- Instructor at Joshi Judo Camp (1990 – Present)
- Former Instructor Mastudo Police Department
- Former Instructor Southern Illinois University
- Former Shiai Competitor (First woman to compete with Man at the Kodokan )
- USA Judo Certified International Coach
- USA Judo Master Level Class A National Judo Teacher
- USA Judo National Class A Kata Judge ( All 7 Katas )
- USJF Class A Kata Instructor
- USJF Kata Chairperson
- USA Judo Vice Kata Chairperson
- National Youth Kata Coordinator (1997 -present)
- 1987 Recipient Ferguson School District Outstanding Contributor to Education Award
- 1993 Women's Head Coach for US Olympic Festival
- 1995 World Bench Press Champion
- Originally from the Kodokan – Tokyo Japan
- Judo Instructor St. Louis Jr. College

### 2026 Joshi Judo Camp Guest Instructor:

#### Anzu Yamamoto

- 2020 European Open, 63 kg - Bronze
- 2019 Asian Open, 63 kg - Gold
- 2017 IJF Grand Slam Tokyo, 57 kg - Silver
- 2016 Asian Championships- Bronze
- 2016 IJF Grand Prix, 57 kg Bronze
- 2015 IJF Grand Prix, 57 kg Bronze
- 2014 IJF Grand Slam Paris, 57kg - Gold
- 2014 Asian Championship - Gold
- 2013 World Championships – 5th
- 2013 World Championships Womens Team- Gold
- 2013 IJF Grand Slam Paris, 57 kg - Silver
- 2013 IJF Grand Slam Tokyo, 57 kg - Bronze
- 2012 Asian Championships - Gold
- 2012 IJF Grand Slam Tokyo, 57 kg - Gold
- 2012 IJF Grand Prix, 57 kg Silver
- 2011 IJF Grand Slam Tokyo, 57 kg - Bronze
- 2010 IJF Grand Slam Tokyo, 57 kg - Silver

## Camper Registration Form (Online form available)

Personal Information	Participant Details
First Name	
Middle Initial	
Last Name	
Address	
City	
State	
Zip Code	
Primary Email	
Mobile Phone	
Emergency Contact	
Emergency Contact Phone	
Dojo Name	
Instructor Name	

Membership in one of the National Judo organizations is required. A responsible adult must accompany minors.

Membership & Eligibility	Details
Organization	<input type="checkbox"/> USJF <input type="checkbox"/> USJA <input type="checkbox"/> USJI (USA Judo)
Membership #	
Expiration Date	

## Camp Fees & Training Options

Training Selection	Fee (Postmarked by 6/17/26)	Fee (After 6/17/26)	Selection
Full 3-Day Training	\$250.00	\$300.00	<input type="checkbox"/> ▾
2-Day Training	\$175.00	\$225.00	<input type="checkbox"/> ▾
1-Day Training	\$100.00	\$150.00	<input type="checkbox"/> ▾

## T-Shirt Order

One T-shirt is included for 3-day campers registered by 6/17/2026. Additional shirts are \$25.00 each.

T-Shirt Size	Kids Qty	Adult Qty	Price
Small (S)			
Medium (M)			
Large (L)			
Extra Large (XL)			
Double XL (XXL)	N/A		

## Totals

	<b>Camp Fees</b>	
	<b>T-shirt Totals</b>	
	<b>Total Due</b>	

## Travel & Logistics

Requirement	Details
Assistance Needed	<input type="checkbox"/> Vision Loss <input type="checkbox"/> Hearing Loss <input type="checkbox"/> Other:
Airport Pickup	<input type="checkbox"/> Yes (Provide flight info below) <input type="checkbox"/> No
Arrival Flight	
Departure Flight	

## Submission Instructions

Please mail the completed registration form, signed waiver, and a check payable to "**Keiko Fukuda Joshi Judo Inc.**" to:

Elaine Abad  
570 Merlot Drive  
Fremont, CA 94539

## Hotel Information

**For group rates, contact La Quinta Inn & Suites SJ-Silicon Valley at 408.295.0240 and mention Joshi Camp.**

La Quinta Inn & Suites SJ-Silicon Valley  
1036 N 4th St.  
San Jose, CA 95112