



Keiko Fukuda's

Joshi Judo Camp

Denver, Colorado | July 14-16, 2023

Colorado Judo League Event

USA Judo Sanction: Pending

Be Strong, Gentle, and Beautiful in Mind, Body and Spirit is Fukuda Sensei's motto. At Joshi Judo Camp, participants get instruction and practice to develop as female judoka. Joshi Judo Camp is a fun-filled weekend program that features instruction on kata, competitive judo, and self-defense.

2023 Head Instructors:

Eiko Shepherd, Hachidan

- Joshi Camp Judo Instructor (1990 – Present)
- Former Instructor Mastudo Police Department
- First woman to compete in Japan
 - Against a man at the Kodokan!
- USA Judo International Coach
- USA Judo National A Kata Judge (All 7 Katas)
- 1993 Women's Head Coach for US Olympic Festival
- 1995 World Bench Press Champion
- Owner & Head Instructor – Kito-Kan Judo Club, St. Louis, Missouri



Megumi Ishikawa, Godan

- 3x Kodokan Cup Gold Medalist
- 12x Japan National Team Member
- 2013 – Continental Championships – Gold
- 2016 – Grand Prix – Silver
- 2013 & 2011 – Grand Prix – Bronze
- 2013 & 2014 – European Open – Gold
- 2012 – IJF World Cup – Gold
- 2011 – World University Championships – Gold
- 2016 – All Japan Judo Championships – Silver
- Multiple time International Medalist
- Instructor – Tohkon Judo Academy, Chicago, Illinois



with Special Guest Instructor:

Charlee Minkin, Godan

- 2004 Olympian – U52kg
- 2x World Team Member
- 2000 – Pan American Championships – Gold
- 2003 – Pan Am Games - Silver
- 2002, 2004 – Pan Ams – Silver
- 2000, 2003 – US Open – Gold
- 1998 – Pan Am U20 Championships - Silver
- Multiple time International Medalist
- Owner & Head Instructor – The Sanctuary – Judo, Brazilian



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| Register Online | https://forms.gle/USm9sxHvhJL7fXVA |
| Entry Fee | <p>Early Bird Registration through June 16, 2023 3-days: \$250 (includes camp t-shirt with registration) 2-days: \$175 1-day: \$100 Camp t-shirt: \$25 (must be registered by June 16 to get a t-shirt)</p> <p>** USJF Members may be eligible for tuition scholarship through the Keiko Fukuda Scholarship Committee – Deadline for scholarship application is 5/31/2023 Fukuda Scholarship Committee United States Judo Federation (usjf.com)</p> <p>Late Registration (after June 17, 2023) 3-days: \$300 2-days: \$225 1-day: \$150</p> |
| <p>Location & Hours</p> <p>Please note that there are different locations for Friday & Saturday/Sunday</p> | <p>Friday, July 14, 2023 8:30am – 5pm – kata certification testing after Denver Judo – 719 Mariposa, Denver, CO 80204</p> <p>Saturday, July 15, 2023 & Sunday, July 16, 2023 Saturday: 8:30am – 3pm – Special bonding event after practice! Sunday: 8:30am – 4pm Northglenn Judo Club – Northglenn Recreation Center 11801 Community Center Drive, Northglenn, CO 80233</p> |
| Host Hotel | <p>Double Tree by Hilton 83 East 120th Avenue, Thornton, CO 80233 (303) 920-8000 Double Queen or Solo King - \$179/night Please mention Joshi/Women’s Judo Camp when reserving. Room block is only guaranteed through June 29, 2023 Link to Reserve Your Room</p> |
| Eligibility | <p>Sanction applies to USA Judo members. A special waiver can be signed for USJF / USJA members.</p> |
| Airport | <p>Denver International Airport</p> |
| Travel from Airport | <p>Tracy Crawford has rented a van to help campers get from the airport to the host hotel and is also arranging for local judokas to pick up campers. Please email Tracy (tracyjudousa@gmail.com) with your travel schedule. Uber/Lift is also an option.</p> |

Camp Host

Tracy Crawford, Godan, Northglenn Judo Club
(314) 960-4228 | tracyjudousa@gmail.com
Co-Host – Pat Crawford