

## 2016 Keiko Fukuda Joshi Judo Camp Friday July 22, 2016 – Sunday July 24, 2016 http://www.fukudajudocamp.org USJF Sanction #16-07-02

Location: Colorado Center for The Blind 2233 West Sheppard Ave Littleton, CO 80120

Be Strong, Gentle and Beautiful in Mind, Body and Spirit is Sensei's motto. At Joshi Judo Camp, participants get instruction and practice to develop as female judoka. Joshi Judo Camp is a fun-filled weekend program that features instruction on kata as well as competitive judo.

### Eiko Saito Shepherd - 7<sup>th</sup> Dan

- Instructor at Joshi Judo Camp (1990 Present)
- Former Instructor Mastudo Police Department
- Former Instructor Southern Illinois University
- Former Shiai Competitor (First woman to compete with Man at the Kodokan )
- USA Judo Certified International Coach
- USA Judo Master Level Class A National Judo Teacher
- USA Judo National Class A Kata Judge (All 7 Katas)
- USJF Class A Kata Instructor
- USJF Kata Chairperson
- USA Judo Vice Kata Chairperson
- National Youth Kata Coordinator (1997 -present)
- 1987 Recipient Ferguson School District Outstanding Contributor to Education Award
- 1993 Women's Head Coach for US Olympic Festival
- 1995 World Bench Press Champion
- Originally from the Kodokan Tokyo Japan
- Judo Instructor St. Louis Jr. College

## 2016 Joshi Judo Camp Guest Instructor:

## Dr. AnnMaria De Mars – 6<sup>th</sup> Dan

- First American to win the world judo championships, in 1984
- Pan American Games gold medalist
- 3 time US Open Gold Medalist
- Pacific Rims Gold Medalist

- Austrian Open Gold Medalist
- 3 time US Senior National Champion
- Collegiate National Champion
- Co-Author, <u>Winning on the Ground: Training and</u> <u>Techniques for Judo and MMA Fighters</u>

Ann Maria began judo at the age of 12 years old at Alton YMCA in Alton, Illinois. She trained for a year at Waseda University in Japan, and for a few years at both Tenri Dojo in Los Angeles and the Naval Club in San Diego. She is currently president and co-founder of 7 Generation Games, a software company that makes adventure games that teach math and English. She is also an instructor in the Gompers Middle School Judo Club in South Los Angeles.

Dr. De Mars has a BSBA from Washington University in St. Louis, MBA from the University of Minnesota and M.A, and PhD from the University of California.

She is the mother of four daughters, including Olympic medalist and UFC star Ronda Rousey, and New York Times best selling author, Maria Bums Ortiz.

**Eligibility:** Participants must present current USJF, USJI or USJA membership card. Those without a valid registration will be required to register with USJF or USJA at registration desk to be allowed to participate.





Hosted By	Denver Judo			
Camp Location	Colorado Center for The Blind 2233 West Sheppard Ave Littleton, CO 80120			
Headquarter Hotel	TownePlace Suites Marriot Denver Tech Center 7877 S Chester Street Englewood, CO 80112			
Rate	\$114/night for studio suite \$134.00/night for 2 bedroom suite			
Rate Deadline	Book by Friday June 10, 2016			
Reservations	(720) 875-1113 or (800) 627-7468 Give Joshi Judo Camp Room Block as the group name			
Amenities	Free high speed Internet Free breakfast Kitchen/kitchenette http://www.marriott.com/hotels/travel/dents-towneplace-suites-denver-tech- center/			
	Transportation			
Air Transportation	Denver International Airport			
Ground Transportation	Super Shuttle (800) BLUE VAN (258-3826) http://www.supershuttle.com/locations/denverden			
	Or			
	Uber			

# Keiko Fukuda Joshi Judo Camp Registration USJF Sanction #16-07-02

Please type or print legibly					
First Name: Middle:		Last:			
Address:					
City:	State:	Zip:			
Home Phone: Mobile Pho	one:	Email:			
Emergency Contact Name:	ncy Contact Name: Emergency Contact Phone:				
Dojo Name:		Instructor's Name:			
Membership in one of the National Judo organiz	ations is required. A res	sponsible adult must a	accompany minors.		
$\Box$ USJF $\Box$ USJA $\Box$ USJI (U	SA Judo)				
Card #:	Expiration Date	:			
If assistance/accommodation is needed: (Check appropriate box) Type of assistance/accommodation requested or	ision Loss/Blindness name of person assistin	U	oss/Deafness		
Camp Fees:					
	Before 6/30/2016*	After 6/30/2016	Total		
$\Box$ 3 days training	\$200.00	\$240.00	\$		
$\Box$ 2 days training	\$140.00	\$160.00	\$		
□ 1 day training Fees are non-refundable after 7/7/2016	\$75.00	\$80.00			

\* Discount rate must be postmarked by 6/30/2016

<b>T-Shirts</b>	One T-Shirt is included for campers registered by 6/30/2016
	A 11:1: $-1$ T Chints (20,00) $-1$ (model to a share 1) $-$ (20,00)

	Kids (	Short S	leeve)	Adult (Short Sleeve)						
Size	М	L	XL	S	М	L	XL	XXL		
QTY									Extra T-shirt Total	\$
									Total Enclosed	\$

Mail Completed Registration Form, Waiver and Check payable to "Keiko Fukuda Joshi Judo Inc." to:

Elaine Abad 570 Merlot Drive Fremont, CA 94539

Questions? Email registration@fukudajudocamp.org or call 510.468.3417

#### WARNING!

### WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities ("Activity") of the United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Central Coast Judo Yudanshakai, Inc., Soko Joshi Judo Club, and the Colorado Center for the Blind, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.

2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.

3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.

4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.

5. I hereby release, waive, discharge and covenant not to sue the United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Central Coast Judo Yudanshakai, Inc., Soko Joshi Judo Club, and the Colorado Center for the Blind, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant

Participant's Signature

Date

### FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child's participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Date